



M'Wikwedong Native Cultural Resource Centre

1723 8th avenue East Owen Sound N4K 4H7 519-371-1147

Aboriginal Prenatal Nutrition Program

Mary Lynn Houston-Leask R.P.N- Program Co-ordinator 519-377-4931

Mdaamin Giizis-(September) 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Look for us on</i> FACEBOOK <i>M'Wikwedong</i> <i>Aboriginal Prenatal</i> <i>Nutrition Program</i></p>			<p>1 Gardening 10am-1200 Walking Club 12-1pm Young Moms 1-3pm</p>	<p>2 <i>Craft Corner</i> 930am-1200 Home Visits 1-4pm</p>	<p>3 Walking Club 12-1pm</p>	4
5	6 centre closed	7	<p>8 Gardening 10am-1200 Walking Club 12-1pm Young Moms 1-3pm</p>	<p>9 <i>Craft Corner</i> 930am-1200 *Salsa Making Workshop 1-3pm</p>	<p>10 Port Elgin Community Kitchen 930am-1230pm Walking Club 12-1pm</p>	11
12	<p>13 Playgroup 10am-1200 Walking Club 12-1pm <i>Processing Kitchen</i> 1230-230pm</p>	<p>14 La Leche League Hanover 10am-1200</p>	<p>15 <i>Early Speech/</i> <i>Language</i> <i>Presentation10-11am</i> Young Moms 1-3pm</p>	<p>16 <i>Craft Corner</i> 930am-1200 Home Visits 1-4pm</p>	<p>17 Walking Club 12-1pm</p>	18
19	<p>20 La Leche League Owen Sound 930am-1130 <i>Processing Kitchen</i> 1230-230pm</p>	21	<p>22 Gardening 10-1200 Walking Club 12-1pm Young Moms 1-3pm</p>	<p>23 Celebration of the Harvest Potluck 4pm-7pm</p>	<p>24 Walking Club 12-1pm Aboriginal Moms Circle 1-3pm</p>	25
26	<p>27* Infant Massage Workshop 1030 Walking Club 12-1pm <i>Processing Kitchen</i> 1230-230pm</p>	28	<p>29Babies and Music <i>(registration needed)</i> 10am-1030 Walking Club 12-1pm Young Moms 1-3pm</p>	<p>30 <i>Craft Corner</i> 930am-1200</p>		